We claim:

1. A method to assess oxidative stress <u>in</u> <u>vivo</u> comprising:

(a) obtaining a fresh sample of lipid containing biological fluid;

- (b) measuring the amount of noncyclooxygenase derived prostanoids in the sample prior to the <u>ex vivo</u> development of prostanoids in the sample;
- 10 (c) comparing said measured amount of prostanoids with a control; and
 - (d) assessing oxidative stress <u>in vivo</u> based on the comparison in step c.
- 2. The method of claim 1, wherein said

 15 biological fluid is selected from the group
 consisting of plasma, cerebrospinal fluid, bile,
 lung lavage fluid, lymph and inflammatory human
 joint fluid.
- 3. The method of claim 1, wherein said 20 measurement occurs within about two hours of sampling.

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SW BZ

4. The method of claim 1, wherein said prostanoids are selected from the group consisting of:

5. The method of claim 1, wherein said prostanoids are prostaglandin F_2 -like metabolites selected from the group consisting of:

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- 6. A method to assess oxidative stress in vivo comprising:
 - (a) obtaining a fresh sample of urine;
 - (b) measuring the amount of
- 5 noncyclooxygenase derived prostanoids in the sample;
 - (c) comparing said measured amount of prostanoid with a control; and
- (d) assessing oxidative stress <u>in vivo</u>

 10 based on the comparison in step c.
 - 7. A method/to assess oxidative stress <u>in</u>
 vivo comprising:
 - (a) obtaining a fresh sample of tissue;
 - (b) /measuring the amount of
- noncyclooxyge hase derived prostanoids present in phospholipids in the sample;
 - (c) comparing said measured amount of said prostanoids with a control; and
 - (d) assessing the oxidative stress \underline{in}
- 20 <u>vivo</u> based on the comparison in step c.
 - 8. The method of claim 7, wherein said measurement occurs within two hours of sampling.

9. A purified and isolated composition comprising the formula:

Jala B³

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